



**Exerstride**<sup>®</sup>  
**METHOD NORDIC WALKING**<sup>™</sup>  
**INSTRUCTOR**

This is to certify that

**PIOTR KOWALSKI**

*has demonstrated both the knowledge and proficiency necessary to earn a certificate as an **Advanced Level Instructor** of Exerstride<sup>®</sup> Method<sup>™</sup> Nordic Walking, and is fully qualified to provide individual and group instruction.*

*This certificate is granted on:*

**SEPTEMBER 15, 2012**

*by Tom Rutlin*

**Grand Master - Exerstride<sup>®</sup> Method<sup>™</sup> Nordic Walking Instructor**

